said lip having an interior surface, an exterior surface, a backlip portion, and a frontlip portion;

each of said pair of sidewalls having an exterior surface and an interior surface; and

a plurality of ball retaining ridges formed on said interior surface of each of said pair of sidewalls.

(New) The head for a lacrosse stick as recited in claim 8, wherein each of said plurality of ball retaining ridges has an underside extending downwardly and outwardly toward said opposing sidewall.

(New) The head for a lacrosse stick as recited in claim 5, wherein said lip has a plurality of apertures formed therein and opening on both said interior surface and said exterior surface.

(New) The head for a lacrosse stick as recited in claim, wherein at least one of said plurality of apertures is a four-sided aperture.

(New) The head for a lacrosse stick as recited in claim-8, further comprising a pair of ridges extending outwardly from said exterior surface of said lip and positioned around said at least one four-sided aperture.

(New) The head for a lacrosse stick as recited in claim, wherein each of said pair of ridges is beveled in a decreasing dimension from said backlip portion to said frontlip portion.

(New) The head for a lacrosse stick as recited in claim 7, wherein said interior surface of said lip has a plurality of recesses formed therein, associated with each of said plurality of apertures.

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(New) The head for a lacrosse stick as recited in claim 41, wherein said recesses increase in dimension from said aperture to said backlip portion.

(New) A head for a lacrosse stick, comprising: a base portion;

a pair of sidewalls diverging from said base portion and each having a plurality of apertures formed therein, said sidewalls each having an interior surface and an exterior surface;

a lip interconnecting said sidewalls opposite said base portion, said lip having a frontlip portion and a backlip portion;

an open frame defined by said base portion, said pair of sidewalls, and said lip; a plurality of apertures formed through said lip;

a lace threadedly connected to said frame through said plurality of apertures in each of said pair of sidewalls and said plurality of apertures formed through said lip; and

at least one ball retaining ridge formed on said interior surface of each of said sidewalls. \Box

(New) The head for a lacrosse stick as recited in claim 13, wherein each of said at least one ball retaining ridge has an underside that extends downwardly and outwardly toward said opposing sidewall.

15. (New) The head for a lacrosse stick as recited in claim 13, wherein each of said apertures in said lip has a bottom surface proximate to said backlip portion, said bottom surface of each of said apertures being generally planar.

16. (New) The head for a lacrosse stick as recited in claim 15, wherein said apertures in said lip are four-sided apertures.